

## **ISEEK – Assignment 1**

Can you Help Me? Remember that this assignment; even though you may be one of those individuals who has everything for the next few years planned out, is for you. You are being asked to find out what makes you, YOU!

### **Let us first explore Careers.**

1. What Can an Assessment Tell You?
2. What Can't an Assessment Tell You?
3. What is a skills assessment?
4. What will I learn?

A skill is a learned or natural ability to accomplish a particular task.

1. What Are Employers Really Looking For?

**Occupational Skills** - the knowledge and skills needed for a specific career and industry

Skills from Education Programs

1. What career specific majors, courses in high school that prepare you for college, and schools that offer programs related to each career interest you?
2. What Minnesota Career Pathways?
3. What FastTRAC training program that meets the common skills needs of businesses and individuals?

### **Industry-Specific Skills**

#### **Energy Competency Models**

1. What knowledge and skills does an energy worker need?

#### **IT Competency Model**

2. What knowledge and skills does an IT worker need?

#### **Manufacturing Competency Models**

3. What is a competency model? Why is it important to me?

How about?

Advanced manufacturing

Automation

Mechatronics

### **Skills Needed in Green**

What skills can help me get into green? (List All) Soft Skills?

### **Science, Technology, Engineering, and Math (STEM) Careers and Skills**

STEM (science, technology, engineering, and math) skills are foundational. That means once you know them, you have the groundwork to build specialized knowledge.

What STEM skills can make you a top candidate for a variety of jobs?

Which STEM careers are currently in demand in Minnesota?

What coursework is most useful for acquiring STEM skills?

### **Occupation Skills for Any Industry**

Visit the Following:

[Job Skills Transfer Assessment Tool \(JobStat\)](#), MN.Gov, [College and Tech school](#)

And

Employers Speak: Minnesota Workforce Needs

### **Employability Skills**

Employability skills or "soft skills" are the key to workplace success.

What do Employability skills allow you to do?

### **Essential Employability Skills**

What are the Foundational Skills? Interpersonal Skills? Communication Skills? Problem Solving and Critical Thinking Skills? Teamwork Skills? Ethics and Legal Responsibilities?

**Professional Skills** - anyone who wants to advance in their careers and people working in higher-level jobs should have the following professional skills.

Career Development Skills? Leadership Skills?

### **Skills Resources**

Look at 4 skill-building resources for job seekers, students or career advisors, list.

This Assignment Will Continue With Part II

Be Sure to Save and Share with me via dropbox!